



Life Education's Healthy Harold – Monday 23rd May to Friday 27th of May

Life Education is Australia's largest preventive health organisation empowering children to make safer and healthier choices so they can live happier lives. Life Education work with teachers and schools to deliver tailored face-to-face health and wellbeing education through a modular program.

During the week students will visit the van for a 1- or 1.5-hour lesson with the Life Education educator. They will have done lessons prior to the visit and will continue with the program after the visit. Below is a list of the programs that each grade or stage will be engaging in:

Kindergarten – Harold's Friend Ship – Explores how to build friendships and care for others, feelings and emotions, safe and unsafe situations and early warning signs, safe places and people to turn to for help.

Stage 1 - Growing Good Friends – Unsafe behaviours, situations and environments, healthy food choices.

Stage 2 - bCyberwise – Explores cybersafety through animation, vox pops of children, relevant scenarios, discussion and problem solving.

The cost of the visit and resources is \$12. Please complete the attached permission note and return to school with payment by Friday 20th May. Payment can be made by cash, cheque or POP (Via the school website).

Mrs Williamson

Mr Bridgland

Deputy Principal – Curriculum & Instruction

Principal

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I give permission for _____ of class _____ to participate in the Life Education incursion.

The principal has given permission for this incursion.

Payment of \$12 has been made as follows:

Cash POP (Via the school website) Cheque

Name (Parent/Guardian): _____ Date: _____

Signed (Parent/Guardian): _____